



Guernsey
Gymnastics
Centre



JANUARY 2020

Schools Development News

Guernsey Gymnastics Centre are starting their Schools Programmes in conjunction with the Guernsey Sports Commission in January.

GGC will be running a mixture of lunchtime, afterschool and curriculum gymnastics sessions at Amherst and Notre Dame Primary Schools.

An island wide support to all primary schools throughout the year with every Primary School being given access to a number of hours of support for teacher CPD, lunchtime clubs or curriculum timetabled gymnastics lessons.

GGC will also be extending their support in a similar way within secondary schools. Working alongside the teachers to develop a comprehensive gymnastics curriculum, intra-school competitions and inter-school competitions.

Success at First Tumbling Competition for Guernsey Gymnastics

On Friday 13th December we flew 14 gymnasts to Durham, UK to perform in their first Tumbling competition for Guernsey and what a competition it's been...

The gymnasts were superb and showed amazing team spirit, performing some very impressive tumbles to successfully achieve:

2 x Gold medals 🏆

4 x Silver medals 🥈

4 x Bronze medals 🥉



Coaches Scott and Nikki have had only 10 weeks to work with the gymnasts leading up to this competition and I think you'll agree the gymnasts have done them and the club extremely proud.

We're very much looking forward to 2020 to head into the new year with more training, focus and hopefully gain more medals!

A special thanks goes to all the parents of these gymnasts whose endless support enables them to achieve their dreams by travelling around to compete. The Guernsey Gymnastics Tumbling Squad couldn't have achieved these results without your support! .

Squad Groups

The new squad pathways have now begun, these will support nearly 60 young gymnasts. Providing them the opportunity to train more hours a week to perfect their skills and work towards any upcoming competitions that their coaches are planning.

- Development
- Women's Artistic (Senior & Junior)
- Tumbling (Senior & Junior)
- Men's Artistic (Junior)
- Floor & Vault (Senior)

Recreation Classes

There will be no General Gymnastics Recreation Classes on Friday 21st February and Saturday 22nd February

This is due to a few of our coaches attending the annual Women's Artistic Symposium where they will learn lots of new things to bring back to our sessions.

Tumbling Classes

There will be no General Gymnastics Tumbling Classes on Saturday 18th and Sunday 19th January; Saturday 8th and Sunday 9th February and Friday 20th and Saturday 21st March.

Term fees have been amended to reflect the missing classes

Pre School / Parent & Toddler

Parent & Toddlers now have a loyalty card scheme available for their sessions.

Attend 5 sessions and get the 6th Free!!
Mondays, Tuesdays & Fridays
9:15 – 10:00

Pre-School Classes Timetable

Monday 10:15-11:15 & 11:30-12:30
Tuesday 10:15-11:15 & 11:30-12:30
Wednesday 13:30-14:30
Thursday 13:30-14:30
Friday 10:15-11:15 & 11:30-12:30
Saturday 9:00-10:00 & 10:00-11:00 & 11:00-12:00

Competitions

Tumbling – 8th Feb

Guernsey Gymnastics Tumbling Squad will be attending the National Development Plan with gymnasts competing across the Club, National and FIG events.

Recreation – 5th April

GGC will be running their In-house competition on Sunday 5th April.

Squad – 23rd May

GGC will be running their In-house squad competition on Saturday 23rd May.

Coming Up!

SPRING TERM

FEBRUARY HALF TERM

Half term will run as a normal gymnastics week!

April Easter Holiday Camp

Forms are available now to book into these holidays camps.

Monday 6th – Thursday 9th & Tuesday 14th – Friday 17th

Contact gymnastics@isc.gg

SUMMER TERM

SUMMER TERM DATES

Monday 20th April Until Sunday 19th July 2020

Summer Holiday Camp

Summer holiday clubs will be running from Monday 20th July until the Friday 28th August.

FORMS AVAILABLE SHORTLY

EASTER RAFFLE: Guernsey Gymnastics will be holding a large Easter raffle that will be drawn during the Recreational Competition on the 5th April. Details of prizes and when tickets will be available will be circulated shortly.

Gymnastics Shop

Available on our online shop – www.printmytees.gg – Shop – Guernsey Gymnastics		Available to order from gymnastics@isc.gg	
Pre-School 	General Gymnastics 	Extras 	Leotards & Shorts 

COMPETITION!!

Congratulations to Charley Brehaut for winning our Christmas Competition!!

Keep your eyes out for any new competitions coming your way!!



Don't just sit and watch...Get into the gym and train!

Whilst your child is learning new skills, keeping fit and healthy! YOU CAN TOO!

Take advantage of your time here and join My Fitness at a discounted rate.

Enquiries to ian@myfitness.gg

Quote your child's name to get a £40 Monthly fee (Vs our Standard £50)

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Contact Us!!

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Guernsey Gymnastics Centre